



FAMILIES WITH CHILDREN AFFECTED BY ZIKA

One of the biggest concerns with Zika infection is the affect the virus may have on babies who are exposed to the virus during pregnancy. If you, or someone you care about, has tested positive for Zika during their pregnancy you may have questions about what to expect. You may be worried about the baby. This page will provide you with some information and resources.

A positive test result for Zika before or during your pregnancy does not necessarily mean that your baby will have birth defects. However, Zika virus infection before or during pregnancy can cause a condition called microcephaly (which means "small head") and other brain defects in some babies. Other birth defects are possible too. If you are diagnosed with Zika during pregnancy, it is important that you continue to receive medical care before and after the birth of your child to monitor for brain defects or other symptoms of Congenital Zika Syndrome, which is a group of symptoms related to Zika virus infection in babies.

Also, since not all Zika-related birth defects are noticeable at birth, your child should be monitored closely after birth for possible symptoms. Zika-impacted infants and children can have multiple medical conditions that should be cared for by medical specialists.

Finding a Healthcare Provider

Medical specialists will most likely be needed. The [New Hampshire Bureau of Community Health Services, Maternal Child Health](#) can help you find local and regional physician resources for your child. Parents can contact either bureau via the website links. [Zika Care Connect](#) can also help families find specialty providers.

Support Services

You and your child may need support services that go beyond a visit with your healthcare provider if you are experiencing complications from a Zika infection before or during your pregnancy. There are a number of resources and service available to help children and families of children who have been affected by Zika virus.

You may be eligible for extra assistance and support programs from the state of New Hampshire. [The Special Medical Services in the Division of Community Based Care Services, Bureau of Developmental Services](#) may be able to provide assistance.



[New Hampshire Family Voices](#) is a group that helps families with children who have chronic illness or other health needs and may also be a useful organization in finding

assistance.



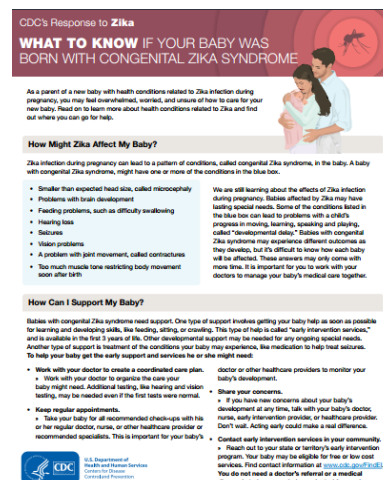
More Resources from the CDC

If you, your partner, a family member, or friend has a child that was exposed to Zika virus during pregnancy, you can visit these links get more information about what to expect, and how to plan for the child's care.

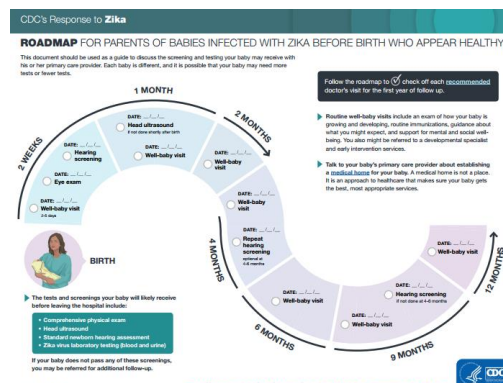
[What to Know If Your Child May Have Been Affected By Zika But Has No Related Health Conditions At Birth \(PDF\)](#)



[What To Know If Your Baby Was Born With Congenital Zika Syndrome \(PDF\)](#)



[Roadmap For Parents Of Babies Infected With Zika Before Birth Who Appear Healthy \(PDF\)](#)



[Roadmap For Parents Of Babies With Congenital Zika Syndrome \(PDF\)](#)

